

2023 Sample Schedule:

City Adventure: San Jose (*Optional Extension*)*

DAY ONE: INTRODUCTION TO SAN JOSE

Provided transport from Rescue Center Costa Rica to San Jose
Guided walking tour of San Jose and group tour of Teatro Nacional de Costa Rica
Visit the Gold Museum
El Torito dance lessons

DAY TWO: A TASTE OF SAN JOSE

Visit the Hacienda La Chimba Coffee Plantation
Explore the Central Market
Tour the Jade Museum and National Museum of Costa Rica
Discover and design traditional oxcart crafts with a local artisan
Sample Local Desserts

DAY THREE: THE NATURAL BEAUTY OF SAN JOSE

Visit the Butterfly and Botanical Garden
Tour La Sabana Park
Browse the Municipal Crafts Market
Comida Rica Cooking Lesson and Feast

DAY FOUR: EXTENSION DEPARTURE

Program Extension Farewell
Provided transport to airport for return flight to George Bush Intercontinental Airport (IAH)

**This sample schedule is provided as an example of the overall quality and scope of a typical program experience and is not intended to represent a specific 2023 schedule. The schedules and details vary between sessions.*



The oxcart, or carreta, is one of Costa Rica's most iconic crafts. Used in the 19th century to transport coffee beans, oxcarts often served as a family's sole means of transportation and as a signifier of their social status. Many families painted their oxcarts and a new crafting tradition was born. Today, carretas are a national symbol of Costa Rica's colorful past.