

Nursing & Health Care

An Envision Global Forum

China – Sample Schedule

Day 1: Welcome to Beijing

Arrive in Beijing

Upon exiting customs at Beijing Capital Airport you will be met by an Envision representative who will escort you to your shuttle. Meet your fellow *Nursing & Health Care* scholars, your Faculty Advisor and your local Beijing guide.

Day 2: Introduction to the Cultures & Historical Sites of China

Chinese Cross-Cultural Introduction

Learn about East vs West communication styles and Chinese professional etiquette.

Tian'anmen Square & the Forbidden City

Tour Tian'anmen Square and discover Beijing's captivating history. Then, follow your guide back in time to the Forbidden City, the largest and most well preserved Imperial Palace.

Group Meetings

Meet the members of your group, discuss the events of the day and lay the groundwork for the focus of your group's presentation.

Day 3: Understanding China's Medical and Nursing Environment

Comprehensive Look at China's Health Care

Learn who the players are, their practices and their patients. The evolving landscape of China's medical environment reveals trends and issues of international medicine in China.

English Corner at the People's University

Experience the English Corner, where local Beijing residents and students gather every evening to meet and exchange ideas with English speakers in Beijing.

Traditional Peking Duck Dinner

Enjoy a traditional northern Chinese delicacy, Peking Duck, while getting to know your fellow Global Forum scholars and Faculty Advisors, who are professionals in their career fields.

Day 4: The Future of Nursing in China

New Perspectives on Nursing in China

Gain a new perspective on Nursing as you become aware of the role of Chinese nurses and also of the challenges created by a nursing shortage.

Hike the Great Wall

Admire the spectacular view and absorb the history of the Great Wall of China, as you hike along this New Wonder of the World.

Day 5: The Healing Arts

A Look at Traditional Chinese Medicine

Visit Guang An Men, a Traditional Chinese Medicine (TCM) hospital and discover herbal remedies and the Principles of Reflexology and Acupuncture.

Group Meetings

Spend time today with your project group, applying insights gained from your experience thus far.

Day 6: Journey to Xi'an

Fly to Xi'an

Catch your early morning flight to Xi'an, one of the Four Great Ancient Capitals of China.

Terra Cotta Warriors

Experience firsthand the incredible 8,000-man terra cotta army built to defend the tomb of China's first emperor.

An Evening on Your Own in Xi'an

Enjoy your free time exploring the restaurants and shops of the famous Muslim Quarter, bicycle or walk along the ancient city wall of Xi'an or practice tai chi in the park with local residents.

Day 7: China's Nursing Education System

The Scope of Chinese Health Care Facilities

Tour a ward at a local hospital and visit the outpatient department, or visit a clinic to learn about family practice in China's changing health care system.

Network with Nurses

Get to know your Chinese counterparts as you network with local nursing students and nurses sharing best practices and building cross cultural connections. Visit a herb market later this day.

Day 8: Bridging the Past and Future in Shanghai

Fly to Shanghai

Board your flight to Shanghai, China's largest city and home to over 20 million people.

Welcome to Shanghai

Receive a city overview and orientation from your local Shanghai guide, then head out for an evening of exploration as you stroll along The Bund and Yangtze River.

Day 9: Nursing Education in China

University Visit

Witness the evolution of nursing curriculum in China when you visit the simulation labs and classrooms where students prepare for their nursing careers.

ERA Acrobatic Show

This amazing show includes a performance with a live rock band, talented acrobatic performers and a finale that has to be seen!

Group Meetings

At this final group meeting, draw upon the culmination of your group's program experiences to present your project to your peers.

Day 10: Explore Shanghai with Your New Friends from Around the World

A Day on Your Own in Shanghai

Take a cruise along the river Bund, unwind in the Yu Gardens, hunt for bargains at a silk or Jade factory, or find the best dumplings in all of Shanghai.

Farewell Dinner

Enjoy a great feast with all of your new friends that you've met from around the world.

Day 11: Depart for the Hong Kong Extension or Head Home