

Medicine & Science

An Envision Global Forum

China – Sample Schedule

Day 1: Welcome to Beijing

Arrive in Beijing

Upon exiting customs at Beijing Capital Airport you will be met by an Envision representative who will escort you to your shuttle. Meet your fellow *Medicine & Science* scholars, your Faculty Advisor and your local Beijing guide.

Day 2: Introduction to the Cultures & Historical Sites of China

Introduction to Chinese Cross-Cultural Communication

Learn about East vs West communication styles and Chinese professional etiquette.

Tian'anmen Square & the Forbidden City

Tour Tian'anmen Square and discover Beijing's captivating history. Then, follow your guide back in time to the Forbidden City, the largest and most well preserved Imperial Palace.

Group Meetings

Meet the members of your group, discuss the events of the day and lay the groundwork for the focus of your group's presentation.

Day 3: Explore China's Medical System

Visit Peking University

Receive an overview of the Chinese medical system from a professor at Peking University, one of the top medical universities in China. Network with students over lunch on campus.

Traditional Peking Duck Dinner

Enjoy a traditional northern Chinese delicacy, Peking Duck, while getting to know your fellow Global Forum scholars and Faculty Advisors, who are professionals in their career fields.

Day 4: Traditional Chinese Medicine

Guang An Men Hospital

Spend a day at Guang An Men Traditional Chinese Medicine (TCM) Hospital, where one of the doctors on staff will explain TCM and the delicate balance of the Yin and the Yang. Tour the TCM pharmacy and see how a pharmacist prepares herbal prescriptions.

English Corner at the People's University

Experience the English Corner, where local Beijing residents and students gather every evening to meet and exchange ideas with English speakers in Beijing.

Day 5: Public Health & the Great Wall

Public Health Panel

A panel of public health experts discusses the unique challenges of advancing public health standards in China's densely populated cities.

Hike the Great Wall

Admire the spectacular view and absorb the history of the Great Wall of China, as you hike along this New Wonder of the World.

Group Meetings

Spend time today with your project group, applying insights gained from your experience thus far.

Day 6: Journey to Xi'an

Fly to Xi'an

Catch your early morning flight to Xi'an, one of the Four Great Ancient Capitals of China.

Terra Cotta Warriors

Experience firsthand the incredible 8,000-man terra cotta army built to defend the tomb of China's first emperor.

An Evening on Your Own in Xi'an

Enjoy your free time exploring the restaurants and shops of the famous Muslim Quarter, bicycle or walk along the ancient city wall of Xi'an or practice tai chi in the park with local residents.

Day 7: China's Medical Education System

Xi'an Jiaotong University Medical School

Hear from a professor about the competitive admissions process at China's top medical facilities, and get a behind-the-scenes look at the specimen room, outpatient center and medical lab at Xi'an Jiaotong University Medical School.

Traditional Chinese Tea House & Herb Market

Learn to appreciate the art of serving tea in a traditional Chinese tea house. Afterward, you'll explore an herb market where you'll have the opportunity to purchase Chinese herbal remedies.

Day 8: Practicing Medicine in Rural China

Rural Medicine Clinic

Visit a rural clinic in a village outside of Xi'an, illustrating the contrast between its facilities and those in the more urban Beijing.

Home Visit in the Village

The families of a local village open the doors to their homes and school, to teach you about their way of life. Afterwards, enjoy a fresh meal prepared by the families of the village before heading back to the airport to board your evening flight to Shanghai.

Day 9: The Advance of Western Culture and Medicine in Shanghai

Traditional Practices in a Modern Application

Discover how doctors at Shuguang Hospital are incorporating the best of both western and traditional medicine to provide the highest standard of care for their patients. You will also see acupuncture in action while learning the wide array of ailments it can be used to heal.

Explore the Sights & Shops of Shanghai

Marvel at the incredible skyline of China's largest city and home to over 20 million people.

ERA Acrobatic Show

This amazing show includes a performance with a live rock band, talented acrobatic performers and finale including six motorcycles spinning in a metal ball!

Group Meetings

At this final group meeting, draw upon the culmination of your group's program experiences to present your project to your peers.

Day 10: Explore Shanghai With Your New Friends from Around the World

A Day on Your Own in Shanghai

Take a cruise along the river Bund, unwind in the Yu Gardens, hunt for bargains at a silk or jade factory, or find the best dumplings in all of Shanghai.

Farewell Dinner

Enjoy a great feast with all of your new friends that you've met from around the world.

Day 11: Depart for the Hong Kong Extension or Head Home